

media release

SA Metropolitan Fire Service



MFS firefighters join MFB firefighters in Pedal for Prostate

Monday, 22 November 2010

On Tuesday, 23 November, Metropolitan Fire Service (MFS) firefighters will welcome their Melbourne peers who are cycling around Australia to support prostate cancer research.

Twelve MFB firefighters from Victoria's MFB Cycling Club are pedalling 15,000 kms non-stop around Australia in an inaugural ride known as ***Pedal for Prostate***.

The group, aged from 29 to 56, **will arrive in Adelaide tomorrow at 9.30 am, flanked by South Australian MFS appliances and firefighters in support.**

The ride is the brainchild of three organisations – Melbourne's MFB Cycling Club, the Australian Hotels' Association and the E.J. Whitten Foundation.

The MFB Cycling Club members are hoping to raise hundreds of thousands of dollars for the E.J. Whitten foundation, an organisation started in 1995 to remember AFL football legend Ted Whitten, and to help generate funding for prostate cancer research while raising awareness of men's health.

MFS Chief Officer, Grant Lupton said South Australians should generously support this worthwhile cause.

Pedal for Prostate is a reminder to all men to not take their health lightly. It is important to have regular check-ups.

"I commend these 12 MFB cyclists for taking on such a great physical and mental challenge in riding non-stop along Highway One, and wish them a safe return to Melbourne," Chief Officer Lupton said.

The MFB Cycling Club began their journey on October 31, and will complete their ride on November 25. The cyclists will ride in relays, cycling three times per day, with each individual covering a total of 2,500 kms during the 25 day journey.

For more information about ***Pedal for Prostate***, visit: <http://pedal4prostate.com/home>

Or, visit the E.J. Whitten Foundation website at: <http://1300whitten.com.au/>

WHAT: SA firefighters welcome MFB firefighters as they *Pedal for Prostate*

WHEN: Tuesday, 23 November 2010 from 9.30 am.

WHERE: MFS and MFB cyclists will meet at the Cross Keys Hotel car park on the south-eastern corner of the Port Wakefield Rd/Montague Rd intersection, Cavan at 9.30 am. Firefighters from both states will ride together along Grand Junction Rd, Hampstead Road, Ascot Avenue, Portrush Road and finally up Greenhill Road as the MFB cyclists leave Adelaide.

For media enquiries and interviews call the MFS Media Line on (08) 8204 3770

www.mfs.sa.gov.au